

## Waste reduction is a matter of attitude as much as a matter of taking action

### *Reduce, Reuse, Recycle*

**Reduce-** The toxicity of a waste or eliminate the generation of a waste at the source of generation

**Reuse-** is the use of a material at least twice without changing the original form.

**Recycling-** is the collection, separation and recovery of useful materials which cannot be directly reused or would otherwise be discarded as waste.

### Alternatives to Hazardous Products

**Drain Cleaner:** Use a plunger or plumber's snake, Pour 1/8 to 1/4 cup of baking soda down your drain, follow it with a chaser of vinegar, and let it sit for 10-15 minutes, then pour in a cup of boiling water.

**Window Cleaner:** Fill a spray bottle a quarter of the way with vinegar, and then top it off with water.

**Laundry Detergent:** Instead of using chlorine bleach, try adding 1/4 cup of vinegar to your laundry to keep your whites clean. It will also kill odor-causing bacteria and clean your washing machine with no discoloring.

**Floor, Carpet Cleaner:** For an effective way to keep your floors and carpets clean, add a cup or so of vinegar to a bucket or sink full of water and soap. Use the solution to mop your hardwood, laminate, tile or linoleum floor or spot clean carpets with a rag.

**Dishwashing Solution:** If you have baked on food stuck on your pots, pans and dishes, sprinkle on baking soda and scrub it away and rinse with water.

**Oven Degreaser:** To clean your oven of grease stains, sprinkle baking soda on them and scrub with a dry rag.

**Toilet Bowl Cleaner:** Use baking soda or vinegar

**Furniture Polish:** Mix 1 teaspoon of lemon juice in 1 pint of mineral or vegetable oil and wipe furniture.

**Rug Deodorizer:** Deodorize dry carpets by sprinkling liberally with baking soda. Wait at least 15 minutes and vacuum.

*Remember you can help reduce Household Hazardous Waste by buying products wisely. Read the label and buy non-toxic or less toxic alternatives. Buy only what you need. Store and use products wisely -close the lids tight so the product will not dry out, evaporate or leak. Read and follow the directions on the label. **Do not mix products.***



### Have an old Refrigerator or Air Conditioner?

Check out these options:

**Harding Metals, Inc.**

Email: [info@hardingmetals.com](mailto:info@hardingmetals.com)

42 Harding Drive, Northwood, NH 03281

603-942-5574

**AA Metal Recycling**

Second Street, Manchester, NH 03102

603-318-8422

[www.aametalrecycling.com](http://www.aametalrecycling.com)

**NH Saves-The refrigerator must still function**

1-877-889-4763

[www.nhsaves.com/save-home/ways-to-save/refrigerator-recycling](http://www.nhsaves.com/save-home/ways-to-save/refrigerator-recycling)

(call ahead of time, some options may change)

### Used Motor Oil

The City of Rochester Public Works at 45 Old Dover Road will accept used motor oil between the hours of 7am -3pm Monday through Friday



### To find out what your town collects:

Barrington	Public Works	664-5379	Farmington	Public Works	755-4884
Middleton	Town Office	473-2134	Milton	Town Office	652-4501
New Durham	Town Office	859-8080	Northwood	Town Office	942-5586
Rochester	Public Works	332-4096	Somersworth	Public Works	692-4266
Strafford	Town Office	664-2192	Wakefield	Transfer Station	522-3590

