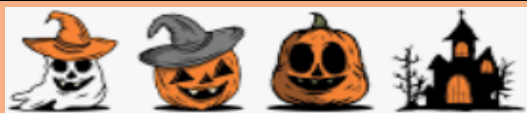


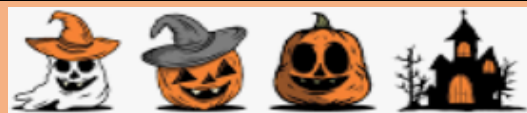


The Milton Gazette

News from the Milton Parks & Recreation Department



October



2023 Milton TRUNK or TREAT

Trunk applications are on the Town of Milton website.

More info @
652-7308
834-0279
652-4501 x.8

**Saturday, October 21st
4:00 PM - 6:30 PM
Milton Town Beach
852 White Mountain Highway
Milton, NH 03851**

Join us for an evening of fun at the beach! We invite everyone to dress in your costume and join us for this yearly family event. Participants can join in our pumpkin decorating contest, or our pie eating contest and go trunk to trunk gathering some sweet treats! We gladly welcome any organization or group that would like to show community spirit and dress up a trunk and join us! This is a free event, but request if you are attending, but not participating to bring along a bag of candy so that those who are setting up trucks have enough candy to go around! For more info please call 603-652-4501 ext. 8

Halloween, Tuesday, October 31st



Tuesday, October 31st we invite residents to celebrate door to door trick-or-treating in both Milton & Milton Mills. We ask all participating families to keep a well lit, clear path to your treats, and to only pass out sealed prepackaged goodies to the kids. With safety in mind, anyone that is planning on driving during the hours of 5:00 - 7:00 pm, be on alert for our children walking around in costumes, as they might not see you!

Family Events with Sages Entertainment at The Ridge

Dino Encounter
4-5PM, Wednesday 10/4

Spooky Science
4-5PM, Wednesday 10/11

Spooky Magic
4-5PM, Saturday 10/21

The Ridge Scare Trick or Treat
4-7PM, Wednesday 10/25

Look at all the fun Halloween Events going on

Throughout October at The Ridge in Rochester!

JEEP OR TREAT
Saturday October 7th
5:00-7:00 p.m

Our 3rd Annual JEEP Trunk or Treat will be raising \$ for Brianna who is fighting Leukemia.



Bring the family to the Rochester Community Center @ 150 Wakefield St. Rochester, NH for a safe, fun Trick-or-Treat!

Email: JEEPorTreat38@gmail.com for more information

Community News



Town of Milton, NH

Settled in 1760

Incorporated in 1802



Milton Three
Ponds 4

Salmon Falls
River

Milton

Oct. 9

3'

On **Monday, October 9, 2023** NHDES will initiate the annual fall drawdown of the lakes and ponds controlled by NHDES. Please plan accordingly!

Shred Event!



Greater Wakefield Lions Club



NEW DATE
SAT. OCT 7

Saturday
9/16/2023
9am - 1pm

Sponsored by:



Nationally certified shredding services provided by:



rmcmaine.com / shreddingmaine.com / 207.990.4636

Lion's Club Shred Event has been rescheduled to Saturday, October 7th @ Milton Town Hall Parking Lot. This is a free event, just bring paperwork that you Would like to safely get rid of!

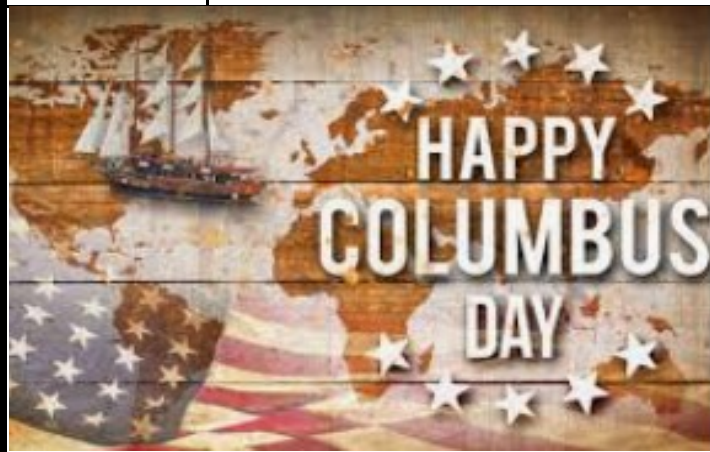
Public Meetings



MILTON TOWN HALL

424 White Mountain Highway
Milton, NH 03851

Oct. 2, 2023	Board of Selectman - 6:00 PM
Oct. 3, 2023	Planning Board Meeting - 6:00 PM
Oct. 4, 2023	Conservation Commission - 6:00 PM
Oct. 9, 2023	Milton Free Public Library Board of Trustees Meeting - 10:00 AM
Oct. 9, 2023	Columbus Day Holiday - Offices Closed
Oct. 10, 2023	Preserving Memories Subcommittee Meeting - 5:00 PM
Oct. 10, 2023	Milton Historical Committee - 6:00 PM
Oct. 16, 2023	Board of Selectman - 6:00 PM
Oct. 17, 2023	Planning Board Meeting - 6:00 PM
Oct. 24, 2023	Preserving Memories Subcommittee Meeting - 5:00 PM
Oct. 24, 2023	Budget Committee - 6:00 PM



Senior Activities

Rochester Senior Activity Center

150 Wakefield St, Suite 10, Rochester, NH 03867

31 Wakefield St. | Rochester, NH 03867
(603) 335-7500

Trips/Events

Senior Trip to Sandwich Fair: Monday, October 9, 2023
Registration required. Must purchase ticket either ahead of time or day. Cost is \$5.00 for the van plus the cost of admission to the fair. Senior Activity Member registration Opens 9/18/2023 at 9:30 AM, and non-member registration opens on 10/2/2023. Registration ends on 10/8/2023 or when the trip is full.

Senior Indoor Pickleball Starts October 2, 2023

Mondays, Wednesday & Thursdays from 8:30 AM - Noon.
\$5.00 drop-in or free with Senior Activity Membership.
All equipment provided. No Pickleball 10/25, 10/26, 10/30, 11/1 or 11/2.

Halloween Haunted Walk, Saturday, October 21st.

The haunted walk will take place in Hanson Pines, and they are looking for volunteers from 5:00 PM - 9:00 PM. Little's Halloween will take place on Friday, October 27th, and volunteers are needed from 8:00 AM - Noontime. They are also looking for volunteers to monitor the Rec Hallway Weekdays from 2:00 - 5:00 PM.

If you are looking for volunteer opportunities, please email Nicole Lee at Nicole.lee@rochesternh.gov. or call 603-33204120, or stop by the office between 9:00 AM - 4:30 PM.

Easterseals Presentation - Thursday, October 12th @ 9:30 AM. Free Program, but registration is required.

CV NA Foot Clinic: Thur. October 12th from 11:00 AM - Noon. Cost is \$35.00. Please bring a towel & lotion.

October Senior Breakfast - Friday, October 20th from 8:30 - 9:30 AM. This is a free program, but registration is requested. You can call 603-338-4120. Drop-ins welcome.

Medicare 101 - Thursday, October 26th @ 10:00 AM.
Learn how to enroll into Medicare, what Parts A, B, C @ D mean, and the cost sharing and benefits that are associated with each letter.

All Programs at the Senior Activity Center are \$5.00 or Free with Senior Activity Membership.



Senior Bingo

Tuesdays, 9:00 - Noon
Emma Ramsey
Community Center
424 White Mtn Highway
Milton, NH 03851
603-652-4501 ext. 8

Senior Luncheon

to be served after bingo on Tuesday, October 17th
You do not have to play bingo to come enjoy the dinner after. Luncheon is served directly after the completion of that day's bingo.

We will be serving Pasta, Salad, rolls, drinks and dessert.
(\$6.00) donation requested.

Reserve a spot by calling 603-652-4501 ext. 8 or email recreation@miltonnh-us.com and put Luncheon in the subject line.

Opportunity to Get Involved, Receive Services, and More!

Rochester Senior Activity Center

150 Wakefield Street

Thursday, October 12, 9:30 am

Light Fare & Refreshments Included

Learn About Easterseals NH's:

- Homemakers & Health Services
- Medical/Social Day out Program
- Volunteer or Part-Time Employment Opportunities with Easterseals NH
- Other ways you can get Involved!

Please contact

Julie Lynch

Volunteer & In-Kind Manager

jlynch@eastersealsnh.org | 603.621.3418



School & Library Happenings



MILTON
ELEMENTARY SCHOOL



Do you want to volunteer within our school district?

Help out in classrooms, help at lunch or recess duty, help a staff member prepare for a project, read to students, etc.

On **Tuesday October 10th at 4:30pm** there will be our yearly Volunteer training at MES. Paperwork & Fingerprinting on site.

****we hope to have childcare.**

Strafford County Clubs

- **Strafford Stable Mates** - Club is focused on horse projects and meets in Madbury, Ages: 12 & older
 - **Friend-Lee 4-H** - Group of Cloverbuds (5-7 y.o) and youth members (ages 8+) with varying agricultural interests that meets twice a month in Lee. The animal projects being explored are goats, chickens, rabbits, and sheep.
 - **Making Strides** - General Interest Homeschool Club. Ages 5 -18. Meets the 1st and 3rd Monday of the month in Durham. 4-H Projectiles - Shooting Sports Club. Meets the 1st and 3rd Saturday of the month in Barrington at Major Waldron's. Ages: 8 - 18. Sign-Up Dates: September 16 and October 7, 2023, 8:00 AM at [Major Waldron's](#).
 - **Strafford County Club** - The club will meet once per month offering a different activity at each meeting. New 4-Hers, independent members and other club members are welcome to join. The club meets on the first Thursday of the month.
 - **Teen Club** - Connect with other 4-H Teens in your county. This group meets to form friendships, create a safe space and practice leadership skills. Youth ages 13 - 18 are welcome to join. Group meets once per month on Thursdays in Dover.
- Woolmark Shepherds** - Livestock club focusing on sheep management including raising and showing sheep. Ages 8-18. Meets once per month in Durham. Club members must own their own sheep or lease a sheep in order to participate.
- Strafford County Independent Members** - Participate in 4-H at your own pace. Independent Members can attend all 4-H programs and events. Register in [4-H Online](#) as "Strafford County Independent Members".



Milton Free Public Library
13 Main Street
PO Box 127
Milton Mills, NH 03852
mfpl@metrocast.net
(603) 473-8535

Hours

Tuesday 3:30 - 7:30 PM

Wednesday 12:00 - 7:30 PM

Thursday 10:00 - Noon & 3:30 - 7:30 PM

Friday 1:00 - 7:30 PM

Saturday 10:00 AM - 1:00 PM

The Rochester Area Libraries have loaned MFPL 2 new items for our Library of Things! We now have a Fishing Backpack with 2 fishing poles, reels and attached accessories. It also includes a Guide to Freshwater Fishing.

In addition we have an Outdoor Adventure Backpack. It includes books on outdoor activities, a water bottle, binoculars, a flashlight, rain poncho and much more.

Each backpack can be borrowed up to 3 weeks at a time!



The journey to reading starts early. The power of reading lasts a lifetime. Encourage a love of reading in a child today with these simple literacy activities

Serve & Return

- Helps form close bonds
- Develops speaking skills
- Increases memory of sounds

Narrating & Naming

- Fundamental to learning
- Builds memory
- Strengthens visual connections

Reading & Singing

- Encourages clear speaking
- Teaches sound recognition
- Introduces new words to vocabulary

Recreational Information



KIDS CRAFT FAIR

VENUE: FARMINGTON REC CENTER **OCTOBER 15TH** **AGES:** 13 AND UNDER

TIME: 9AM - 11AM

The Farmington Rec Dept will be hosting a Kid's Craft Fair! Sign-up by Oct 12th on our new website.
<https://farmingtonnh.myrec.com>
 Spaces are limited. No vendor fee. This will be an indoor event. We ask that crafts be MADE BY THE CHILD/CHILDREN!! Parents will need to supervise their child and table during the event. This is a great opportunity for kids to show their talents.
 ~Contact the Rec Dept with any questions~

EROGERS@FARMINGTON.NH.US
603-755-2405

Made with PosterMyWall.com



Milton PTA hosts the 1st Annual Fall Craft Fair

Saturday October 14th
9am-2pm
Nute Gym

22 Elm st Milton NH

Come get a Jumpstart on handmade gifts for your loved ones for the holidays or a little something for yourself.

McKtoberfest
OCTOBER 8TH AND 9TH
 McKtoberfest will be on Columbus day weekend (7th and 8th)



Apple Picking, Cider making, Alpacas, Food, Music, Face painting, Trailer rides, Fresh Pressed Lemonades, Caramel apples & Cider donuts!

PARTICIPATE IN ANY OF OUR ON-SITE ACTIVITIES

In addition to private events, we also host on-site gatherings and festivals to bring the community together. One of our most popular events is McKtober Fest. When you and your family arrive, you'll be able to...

- ✦ Listen to live music
 - ✦ Take a tractor ride around the farm
 - ✦ Pick fresh apples to enjoy at home
 - ✦ Problem-solve together in our corn maze
 - ✦ Press your own fresh apple cider
 - ✦ Get a fun face paint design
 - ✦ Indulge in a hot apple cider donut
 - ✦ Pet animals, including alpacas
- Paint your own pumpkins to take home

For more information about our event space, call 603-652-9400 today. Our party space is available for rent year-round.

TRI-CHAMBER COMMUNITY EXPO & JOB FAIR

Wednesday, October 25
4 to 6 p.m.

James W. Foley Memorial
 Community Center
 150 Wakefield Street, Rochester

A fantastic opportunity to meet area businesses and learn about available jobs in the greater Seacoast area

OPEN to the public & FREE to attend!

Underwriter:

Northeast
 CREDIT UNION

LEARN MORE TODAY!
www.rochesternh.org/expojobfair



Local Fun!



**New
Hampshire
Farm
Museum**

NH Farm Museum
1305 White Mountain Highway
Milton, NH 03851
603-652-7840
nhfarmmuseum.info@gmail.com



OCTOBER 14: CIVIL WAR MUSTER DAY

The NH Farm Museum will host the 12th NH Civil War Regiment based out of nearby New Durham. Experience camp life complete with tents, campfire, rifles and drills.

Saturday, October 14, 2023 (10:00 AM - 4:00 PM)

Featured Musician: Bob Kilham, banjo player with music from the 1800s.

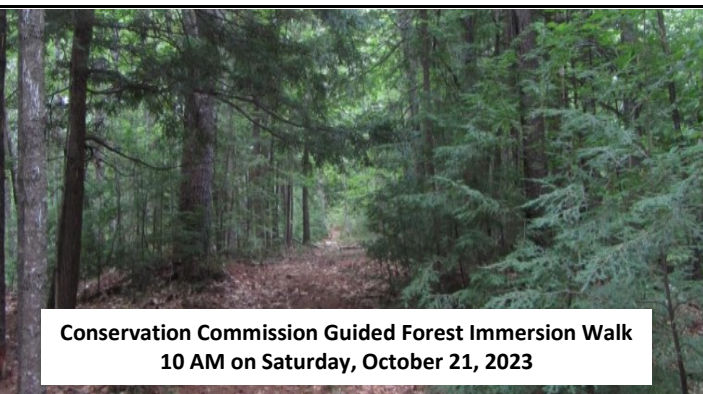
Muster Day Activities

- Watch as camp followers prepare a common pot meal.
- Enjoy a slice of Muster Day Cake on the porch.
- Watch the 12th New Hampshire Civil War Regiment perform drills.
- Take a tractor ride to explore our 60 acre property overlooking beautiful Teneriffe Mountain and visit our cows, sheep, rabbits, chickens, and goats!
- Meet Sarah Josepha Hale, New Hampshire native, who was the editor of *Ladies Godey Magazine* in the 1800s.
- View the special exhibit in the ell showcasing framed prints from Louis Antoine Godey's magazine.
- Listen to the story "Mary Had A Little Lamb" with Grandma Pat in the parlor.
- Try your hand at children's games such as hoops of grace, hoop rolling, or horse shoes.
- Visit our blacksmith at the Blacksmith Shoppe.

Purchase a lunch from Richie's Hot Dog Truck, or picnic overlooking the Old Stage Road.

Member & Blue Star Families: FREE

Adults: \$12.00, Senior (65+): \$8.00, Juvenile (4-17): \$6.00
Children (under 4): FREE, Family Pass (2 adults + kids/
Grandkids): \$30.00.



Conservation Commission Guided Forest Immersion Walk 10 AM on Saturday, October 21, 2023

The public is invited to join the Milton Conservation Commission (MCC) at 10 AM on Saturday, October 21 on a free Forest Immersion Walk at Casey Road Conservation Land. The walk will be led by Forest Therapy Guide Robin Schumaker, who is trained and certified by the Association of Nature and Forest Therapy (ANFT).

According to the ANFT, Forest Immersion, also known as Forest Therapy or Forest Bathing, is 'a practice that promotes healing and wellness through immersing oneself in the calming and restorative atmosphere of forests and other natural environments'. In the ANFT guided experience, 'the forest is the therapist, the guide just opens the door.' Participants will be invited to connect with nature by slowing down and changing from a focus on thinking to a heightened awareness of their senses -- sight, hearing, taste, touch, smell, and proprioception. (For example, we can be aware of a stream through various senses: hearing it ripple over rocks, smelling the freshness of the nearby air, feeling the water's coolness, or seeing reflections off the surface.) To facilitate this sensory awareness, Robin will make use of the ANFT guided event structure: an introduction, pleasures of presence, what's in motion, partnership invitations, and a closing tea. When asked to summarize, Robin spoke from the heart, "I love the forest and the healing power of the forest and I look forward to sharing it with everyone."

The event will last approximately 90 minutes and the walking aspect is designed to be easy, less than a half mile each way, with several stops. Slow walkers are welcome, as are young adults age 14 and over who are comfortable with silence. Although pets on leash are generally welcome at Casey Road Conservation Land, please leave them home for this event. Bring a lightweight folding chair if you would like; helpers can assist in carrying them if needed. Participant numbers will be limited to a dozen so please let us know you're coming by the end of the day on Wednesday, October 18. Email mcc@miltonnh-us.com or call MCC Chair Virginia Long at 603-652-9559 to register or if you have questions.