



The Milton Gazette

News from the Milton Parks & Recreation Department 852 White Mountain Highway, Milton, NH 03851



November 2020



For our local "We Care Food Pantry" Sunday, November 1st - Sunday November 15th 7:00am - 3:00pm

The Milton Public Works Department is trying to help our local families in need, so we will be hosting a Thanksgiving Dinner Food Drive. The drop off location M-F will be at the Highway Barn and Sat/Sun will be at the Transfer Station (803 White Mtn Hwy). The purpose of the event is to help the "We Care Food Pantry" feed 130+ families, Thanksgiving dinner. The items that are in need are the following: Cranberry Sauce, Boxed Stuffing, Instant Potatoes, Canned Veggies - Peas, Yams & Carrots, Turkey Gravy, Chocolate/Vanilla Pudding Mix, and Banana, Pumpkin, & Cranberry Bread Mixes. There are always a need for soaps, dish liquid, shampoo, deodorant, disposable shavers, & snacks for kids as well. Any donation is very much appreciated and the Milton Public Works Department would like to thank you in advance for your support with this critical community need. Further questions on how you can help may be directed to Pat Smith, Public Works Director 603-652-9891 or by email highway@metrocast.net







Friday, November 13th, 2020 5:00-8:00pm **Location: Emma Ramsey Center** (Basement of Town Hall) Drop off your kids (Ages 4-12) for a fun-filled night including dinner/treat, movie, crafts and games! \$10.00 per child, to be paid at drop off Limited to 20 kids, reserve now! dbrown.miltonrec@gmail.com Or Call: 652-7308 (leave a message)



Milton Town Hall & the Town Clerk/Tax Collector's Office. & The Milton Public Works Office and Transfer Station will be closed on Wednesday, November 11, 2020 in observance of Veterans Day. Thank you to all our community service members and their families for the sacrifice they have made to our country.



SCOUTING FOR FOOD 2020

Any questions please contact kellybarca@gmail.com or by calling (603-652-7885)

On Saturday, November 7, 2020 Troop 155 in Milton will be placing door hangers on neighborhood doors - hoping that you will help the families in our community! On Saturday, November 14, 2020 the scouts will come back to pick up the non-perishables that families have been kind enough to donate. The 2020 Collections for Milton will be donated to the "We Care Food Pantry" just north of Milton Hardware and we will also be conducting a Drive Through-Contactless Food Drop Off at that location on 11/14/2020 from 9:00 am to 11:00 am. So, if you did not receive one of these donation door hangers from the scouts - you can still help out your neighbors by donating Food or Personal Care Items at the drive through! Thank-you for supporting our local Scouting Unit and our Community!

Community Information







Help celebrate our 13th year of ordering holiday greens from Three Rivers Wreath Company in Franklin, NH. Thank you for your support in the past -

2020 and Covid-19 pandemic have changed so much about the way we live with social distancing and mask wearing, working from home, Zoom meetings and so much more. We do hope you'll want to order fresh wreaths and greens from us again this year. Holiday wreaths and greens can lend comfort, optimism, and tradition to the season.

All order deadines are Sunday, Nov. 15th.



A big change this year requires all orders be placed online.

To see the complete catalog of wreaths and other seasonal items and to place your order

Go to: ThreeRiversFundraising.com and enter our Library code: Z8P9GX

most items can be shipped anywhere in Continental U.S.; Our full line wreaths fundraiser includes 22 inch Christmas holiday wreaths in a variety of decoration styles.

Available for pickup only are plain wreaths, wreaths with bow only, and larger wreaths.



Mary Vezina Mary V's Unique Creations Class Reservations by e-mail, or call 603-953-4628

Mary V's Unique Creations

Join Mary for a fresh Christmas Wreath Decorating class on Saturday, December 12, 2020 at the Friends of Farmington Hall at 480 Main Street, Farmington, NH. Each class is limited to 12 people. Call the above number to reserve a time slot.



WAFM
267 Wentworth Rd,
Brookfield, NH
03872-7104
Supporting local
NH & Maine
Farmers, Producers
and Craftsmen!



The 2020 Milton Recreation Toys for Kids Toy Drive is underway. If you would like to donate a toy to a child this Christmas who's family might be struggling to get through this upcoming holiday season, then you may donate your gifts at any of the above listed locations. I f you are a family that may need a little support to get through this year's holiday season, then please fill out an application and drop it to us at either the Milton Town Beach Gatehouse or the Emma Ramsey Community Center or email it back to us at recreation@miltonnh-us.com.

This is a needs based program, not income based, so if you need help, just reach out to us.

All applications are confidential.

Applications are also available on-line at miltonnh-us.com under the Parks & Recreation Page!

Unfortunately this year there will not be a Breakfast with Santa holiday brunch because of the COVID-19 Guidelines, we are not going to be hosting events with large gatherings.

We look forward to continuing this event in December of 2021!

Local Happenings



Join us for a fabulous day filled with holiday festivity and goodwill on Small Business Saturday, November 28, 2020 from 12:00 - 5:00 pm In beautiful, Milton Mills, New Hampshire!

Our 2019 event was well attended and so filled with holiday cheer that we are happy to bring it back in 2020. However, given COVID19 caution, our event will primarily be outdoors this year and we do recommend visitors follow CDC recommendation as necessary and possible.

Holiday Stroll

12-5PM; Enjoy a walk around Milton Mills to various participating locations. We advise to dress "weather appropriate" and in layers so you can enjoy the day comfortably.

Holiday Market at TBD

12-5PM; Multiple artisans, groups and businesses will be in attendance at our outdoor market. Location TBD.

A free craft station will be available.

Toy and food donation drop off location.

Toy donations collected for Milton Parks and Recreation in support of the VFW, Toys for Tots and Caravan of Toys.

Donations collected for the <u>We Care Food Pantry</u> Items such as kids snacks, canned soups and pasta, canned tuna and chicken, canned beans as well as shampoos, bar soaps and disposable razors.

Tree Lighting at Waumbeck Park

5PM; Join us for the lighting or The Mills Tree at the corner of Main Street & Church Street. Carolers will be in attendance to add a little holiday spirit!

The Map

Copies of the map will be made available at several locations in Milton Mills ahead of the event and at each stop during the event.



CONGRATULATIONS 2020 U12 SOCCER CHAMPIONS!
The 2020 soccer season came to a close with Milton U12
Soccer Players taking home the title! A big thank you to
our coaches Bob Levasseur & Carol Picard for their time
and dedication to our kids! Great job everyone!





1st Place Truck Eastern Boats!

2020 Milton Spooktacular was a wonderful night with lots of great costumes and trunks!

The trunks are getting more and more amazing every year!! Everyone did such an awesome job and we thank you so much for participating and putting on a great show for the kids! Amazing job to all the pumpkin decorators! Congratulations to all the winners of the trunk and pumpkin contests.

A big thank you to all the businesses that were a part of the event: Milton Police Department, Milton Fire-Rescue, Milton Library, Sebastian Septic Service, and Eastern Boats!

A great big thank you to all the families that attended! It meant the world to us seeing all the kids' happy faces. We are so grateful for your support and are always happy to put on an event for the kids to enjoy!

Milton Parks and Recreation Department!

On-line Senior Activities



Coffee & Conversation
Safe Winter Driving
November 10, 2020
10:00 am
follow the links
below!

The leaves on the trees are falling across the Granite State and the promise of impending winter hangs in the crisp morning air. Cold, wet weather oftentimes means challenging driving conditions in the northeast and we're here to help you get ready – the time for winter preparedness action is now!

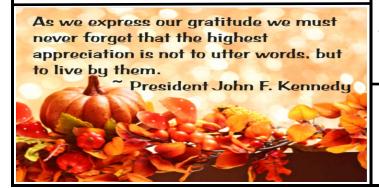
Staying safe while driving on wet, icy or snowy roads can be trying for even the most experienced drivers and requires preparation and concentration. Join us online for a 30-minute conversation on November 10, 10-10:30 am with AARP Driver Safety Instructor, Lee Debell, who will provide some basics tips to keep you safe when the roads in our communities are dicey.

Data shows that older Americans are driving less now than before the pandemic started*. About 1 in 5 boomers (22.4 percent) used their cars on a daily basis in August, down from 41.5 percent in January. With people driving regularly less and less as we head into winter, it's more important than ever to stay sharp and stay safe.

How can you ensure you're as prepared as possible to head out on the roads this winter? Tune in to this important conversation and find out!

This event is free but preregistration is required. Please register here: https://aarp.cvent.com/Coffee1120

* https://www.aarp.org/auto/driver-safety/info-2020/ fewer-boomers-driving-during-pandemic.html





AARP NH
New Thanksgiving
Traditions
Dishes & Turkey Talk,
Nov. 11, 2020 @ 1 PM

For many of us, preparing Thanksgiving dinner can be filled with anxiety. Are we right? We'd all like things to be a little easier right now . . . including your Thanksgiving dinner menu.

Join AARP New Hampshire and chef Liz Barbour of NH's own <u>The Creative Feast</u> as she explores the many types of turkeys available, the various ways to prepare a delicious turkey, and how to create a menu that is easy and delicious. Following her discussion, Liz will demonstrate 2 of her favorite side dishes.

This free webinar is November 11 at 1-2:15 pm—giving you plenty of time to think about new tips for your holiday menu. Chef Liz Barbou of Hollis NH, built her cooking career in a variety of Boston's catering and restaurant settings. After starting her family, she reentered the food world as a cooking instructor with Liz Barbour's Creative Feast. Her recipes and teaching style connected with her community, and Liz soon had a large following of loyal students. Liz is a regular guest on New Hampshire's WMUR Cook's Corner and her cooking demonstrations and recipes are featured in various publications including Where Women Cook, New Hampshire Magazine, the Nashua Telegraph, and The Hippo Press.

If you're new to cooking, Liz will take you step-by-step through recipes to build your confidence and inspire you to cook more at home. All of her programs focus on the premise that we are healthier when we cook at home. You'll learn important cooking skills and will be inspired to cook at home whenever possible. If you are passionate about ingredients, you'll learn how to select quality ingredients and combine them to create amazing dishes that you can recreate at home for friends and family.

Preregistration is required. Click here to register.



Advancing independence, integration, and inclusion throughout life https://acl.gov/

Senior Information



Retired and Senior Volunteer Program

Strafford County Info

Call: 1-800-536-1193 ext. 7614 Help make a difference in someone's life!

Friends RSVP provides over 500 volunteers to over 100 non-profit and public organizations to help them serve their clients and meet their missions. RSVP volunteers contribute more than 64,000 hours each year to help meet community needs in Merrimack, Rockingham, Belknap, and Strafford Counties. RSVP volunteers are engaged in more than 150 different assignments, based upon their own interests, talents and time availability. Some examples of volunteer assignments are listed below.

- Serve as tutors and mentors to children and youth;
- Assist with public safety, disaster preparedness and blood drives:
- Organize or manage local thrift shops and food banks that make it easier for struggling individuals and families to make ends meet;
- Organize and serve thousands of meals each year through Meals-on-Wheels and congregate meal settings;
- Provide clerical and other office assistance to non-profit organizations;
- Provide free tax preparation for low-income seniors and assist with starting small businesses;
- Act as museum docents and cultural event ushers;
- Visit veterans homes and visit hospices to ease the pain and loneliness at the end of life;
- Collecting and donating children's clothes to those in need;
- Making blankets and caps for infants in poverty;
- Supporting the Purple Cap Project to teach new mothers about the "period of purple crying," which is the most common period of infant shaking; and
- Making military helmet caps for soldiers and sailors, and holiday gifts for service men and women

A new initiative that the RSVP Program is focusing on is our *Food Insecurity Project*. Our volunteers work with

partnering agencies to support community gardens and gleaning programs during our state's short growing season. Food goes to local pantries. Needy families receive fresh, nutritious food to improve their health without added cost. RSVP volunteers provide staffing to soup kitchens and emergency meal offerings for needy families in the Friends RSVP service area. RSVP volunteers provide staffing to food pantries in the collection, packaging, and distribution of food and other needed items to needy families throughout the coverage area of the individual pantries. Many more opportunities are available, and new ones can be created to meet new volunteer or community needs. If you have a particular interest or skill you'd like to share, we'll find an organization that needs you!

For more information or to volunteer in Rockingham and Strafford Counties, call 1-800-536-1193 ext. 7614. Thank you!



Service Link Resource Center Toll Free Number 1-866-634-9412

Grandparents and Relatives Raising Children

In New Hampshire, over 4,000 relatives, such as grandparents, are responsible for raising the children living with them. Most of the grandparent, great-grandparent and relative caregivers we serve are older adults who did not plan on raising a child in their "golden years." Parenting a second time around

presents unique challenges. The staff at the ServiceLink Resource Centers can help you find answers, solve problems and assist in making connections to available services.

Respite Care for Grandparent and Relative Caregivers
Respite care can include: a family member, friend or relative (who does not live in the same household) hired
under an agency or the FMS provider to provide respite
care services; or day camp or overnight camp (limited
basis)occasional child careschool supplies and school
clothes

The staff at the ServiceLink Resource Centers can help you find answers, solve problems and assist in making connections to available services

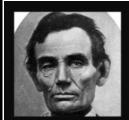
Program Tools & Resources

Resource guide for NH Relative Caregivers



The University
of New Hampshire
Durham, NH. 03824
603-862-1234
TTY Users 7-1-1
800-735-2964 (Relay NH)

NH Senior Citizen Tuition Waiver: New Hampshire residents who are age 65 or older and are not enrolled in a degree program are eligible to take a maximum of two credit-bearing courses per academic year tuition-free at UNH.



In the end, it's not the years in your life that count. It's the life in your years.

~ Abraham Lincoln