

The Milton Gazette

News from the Milton Parks & Recreation Department 852 White Mountain Highway, Milton, NH 03851



March 2023

Easter Basket



The Recreation Department will be holding our annual Easter Egg Hunt on Saturday, April 1st.

We are in need of prefilled baskets with toys, games, candy & gift for the teenagers.

Empty baskets, candy, small toys, eggs, cellophane & ribbon are in need! We gratefully accept gift cards, on-line orders, or cash.
All donations can be sent or brought to the recreation department @ town hall!

For more info you can call

(603) 652-4501 ext.8

(603) 834-0279

Milton Toddler Play Group

Fridays 9:30 - 10:30

Restoration Church, 370 White Mountain Highway, Milton, NH

An open, facilitated playgroup for toddlers and their caregivers, hosted by CAPSC's Family Resource Center. Registration required. To register, visit hubs.ly/Q01w3mgg0.

Kid's Night

Friday, March 24th 5:30 - 8:30 PM Location to be announced!



Children 4-12 yrs old!
Program is limited to
the first 20 kids who
sign up!
Program cost is \$10
per child, and that
includes dinner/dessert
and lots of fun!
603-652-4501 ext. 8



The Greater Wakefield Lions club is Seeking New Members. Membership is open to men and women over the age of 18 who reside in Wakefield, Union, Middleton, Brookfield & Milton. The Lion's Club serves the communities in many ways. They sponsor community events, deliver Meals on Wheels, adopt a highway, sponsor a cabin at Camp Pride, host annual Shred-a-Thon, provide academic awards, collect eyeglasses, donate to neighborhood association and provide free eye screenings to local schools and daycares.

Please Contact Doug Soares (603) 404-0544 or email: dougsoares413@gmail.com or www.wakefieldlions.com or check us out at Greater Wakefield NH Lions Club on Facebook!

Meetings are on the 1st/3rd Thursdays at 6:30 pm

@ Poor Peoples Pub!

Greater Wakefield Lions Club

Vision Screening Day @ The Emma Ramsey Center

424 White Mountain Highway Milton, NH 03851

Wednesday, March 29th - 9:00 AM - 1:00 PM

This Screening it to help identify those who may have possible vision problems requiring comprehensive follow-up care and treatment by eye care professionals. If you would like to participate in this free event, you may sign-up ahead of time by calling (603) 404-0544. Walk-ins are also welcome.

Community News



Tuesday, March 14, 2023 @ Nute High School Gym

Second session of Annual Meeting to elect officers, to vote on all questions required by law to be on official ballot, and to vote on all warrant articles from the First Session of Annual Meeting. Voters may register at the polls. (RSA 40:13, VII; 654:7a) accounts and issues a new warrant. (RSA 41:36) Votes taken at the second session shall not be reconsidered.

Carrara a tes		
Board of Selectmen	1 for 3 years	Kymberly Libby Stephen Nass Andrew Rawson
Budget Committee	2 for 3 years	Stephanie Mills Kimberly Wischnewski
Library Trustee	1 for 3 years	Anne Nute
Planning Board	1 for 3 years	Larry Brown
Treasurer	1 for 1 year	Mackenzie Campbell
Trustee of Trust Funds	1 for 3 years	Karen Brown
Zoning Board of Adjustments	1 for 3 years	Billy Walden

Candidates Running for Elected School Positions

School Board Member	1 for 3 years	Gary Burnham Peg Hurd
School Board Member	2 for 1 years	Katherine Ayers Larry Brown Brian Leclerc
School District Treasurer	1 for 3 Years	Melissa Viel
School District Clerk	1 for 3 Years	Amy Winslow-Weiss
School District Moderator	1 for 3 Years	Chris Jacobs



PUBLIC MEETINGS MILTON TOWN HALL 424 White Mountain Highway Milton, NH 03851

March 1, 2023	Conservation Commission - 6:00 PM
March 6, 2023	Board of Selectmen - 6:00 PM
March 7, 2023	Planning Board - 6:30 PM
March 16, 2023	Board of Selectmen - 6:00 PM
March 16, 2023	Milton Free Public Library Board of Trustees Meeting - 2:00 PM
March 28, 2023	Budget Committee - 6:00 PM

Town of Milton - Request for interior painting bids

By virtue of its authority under Sections 12 and 13 of its
Purchasing Policy, the Town of Milton herewith requests bids
for interior painting services as listed below. Sealed bids will be
accepted until 3:00 pm on Monday, March 20, 2023, at the
Milton Town Hall located at 424 White Mountain Highway,
Milton, New Hampshire 03851. All bids shall be submitted to
the Town Administrators office. In the event that the administrator's office is closed on that day the bids shall be turned into
the Town Clerk's office. A public opening of bids received will
occur at the next regularly scheduled Board of Selectmen's
meeting. A meeting is tentatively scheduled for March 20, 2023.



Senior Fun



31 Wakefield St. | Rochester, NH 03867 (603) 335-7500

Free Drop-In Programs for 50+ Years!

Nutrition for Seniors - 50+

<u>Thurs, March 2 - 10:30am</u> - Rochester Senior Center Learn how to improve your diet with Sandy Powers, RN, Wellness Nurse from Cornerstone VNA. She will guide you to improve your nutritional goals, and ways to nourish your spiritual and emotional health. A healthy snack will be served. This is a free program, but pre-registration is required.

Quilting and Crafting Drop-in

Mondays from 9:00 -noon — Rochester Senior Center Great for beginners as well as those who are looking to work on current project with company. This is a free, drop-in program. No membership or registration required. Any program updates and cancellations will be posted on rec.rochesternh.gov and to our department Facebook and Instagram Pages.

Senior Mobility Class - 50+

<u>Fridays from 10:00 - 10:30 AM</u> - Rochester Senior Center Over time poor movement, injury, and stationary positions cause our tissues to change and shorten, often resulting in decreased mobility. In North American society the primary impairments are at the shoulder, hip, and ankle. Our mobility class combines soft tissue work with static stretching and stability work to unlock range of motion that has been lost over time and improve positioning. This is a free, drop-in program.

Chair Yoga - 50+

Wednesdays from 9:30 - 10:30 AM - This is yoga that uses a chair rather than a mat. We do several warm ups and poses on the chair. Once we come to standing, we use the chair for our support during posture sequences and balancing poses. The chair is convenient so the practitioner does not have to get up and down off the floor only up and down out of the chair. This practice is fantastic for Seniors, anyone recovering from surgery, and any type of joint issues or replacements. Anyone can do it! This is a free, no registration required.

Senior Breakfast - 50+

Third Friday of the Month. March 17th 8:30-9:30 AM. Join City of Rochester staff for a morning of conversation, coffee and laughs. Meet new friends, connect with old friends and learn about the Senior Activity Center Breakfast is prepared by Recreation Staff and served buffet style. The food is always good, but the company is GREAT!



Senior Bingo

Tuesdays, 9:00 - Noon Emma Ramsey Community Center 424 White Mtn Highway Milton, NH 03851 603-652-4501 ext. 8

Senior Luncheon

to be served after bingo on **Tuesday, March 28th!**You do not have to play bingo to come enjoy the dinner after. Luncheon is served directly after the completion of that day's bingo.
We will be serving an Irish Dinner rolls, drinks and dessert.

(\$5.00) donation requested.

Reserve a spot by calling 603-652-4501 ext. 8
or email recreation@miltonnh-us.com
and put Luncheon in the subject line.

Take a Ride

Senior Transportation

For more than 35 years, the CAPSC Senior Transportation Services to Strafford County residents, allowing them to maintain independence in their daily lives. The Senior Transportation Program provides door-to-door, on demand transportation for Strafford County residents aged 60 and over. Your can go to grocery stores, shopping Plazas and pharmacies in the area. Call us today at (603) 817-8207 to find out if the CAPSC Senior Transportation Program is right for you.

Our Drivers Are

- Professionally trained in defensive driving and passenger assistance techniques
- Sensitive to the needs of the elderly and individuals with disabilities
- Compliant with Department of Transportation regulations, including drug screening.

Eligibility

- Residents of Strafford County aged 60 and older.
- Affordable pricing (a round-trip) donation of \$2.00 per person is requested.

School & Library Happenings

RAM NEWS



PTA FAMILY



1 large pizza
4 bottles of water
10 bingo cards
Prizes!
All for \$12

Friday March 10th 6pm Nute Cafeteria

Milton PTA seeking Donations for their Spring Calendar Fundraiser!





Milton Free Public Library 13 Main Street PO Box 127 Milton Mills, NH 03852 (603) 473-8535 mfpl@metrocast.net



Join the Milton Free Public Library for games, stories, and fun! We're celebrating the library and all it has to offer.

Saturday, March 25th 10:30 - 12:30

Sign up for a library card Learn about our online services, Use a public computer Check out a movie or an audiobook Find a new book to read Make a "I love my library" button!



Weekly Happenings @ The Library

Story Time: Thursdays at 10:00 AM – Join us for stories, songs, movement & play.

<u>Kninjas</u>: Fridays 3:30-5:00 PM – Join us for knitting, crafting & conversation.



Recreation Information



MOOSEie Winter Wonderland Fun & Games, Saturday March 4, 2023 10:00 - 11:30 AM

Join us at Branch Hill Farm while we explore the many outdoor activities that winter has to offer! Try out snowshoes (limited quantity provided by MMRG) or bring your own sled to enjoy in the field. We'll take a short, guided walk to explore and enjoy the sights, sounds and feel of winter before it's over!

This is a family-themed event and children of all ages are welcome. Advance registration is required to participate, and parents or guardians must stay for the duration of the event. We recommend bringing snacks, drinks and appropriate clothing for the outdoors. This event is free with MMRG MOOSE-ie Membership (\$25/family per year). Non-members will be contacted for a \$15 participation fee per family. Additional donations are appreciated, but not required and help to defray the costs of our educational programs.

This event is sponsored by Moose Mountain Regional Greenways.



March 4, 2023
Farmington
Fish & Game Club
64 old Bay Road
New Durham, NH

6:30 AM	Sign-up open for Ice fishing	
7:00 AM - 2:00 PM	Ice Fishing Derby	
9:30 - 11:00 AM	Candy Bar Bingo (bring candy bar)	
10:00 AM	Snowshoe Hike (Poker Run) Bring grippers/snowshoes	
11:00 - 11:30 AM	Chili Crockpot Drop off (PU- 1:30)	
11:30 - 1:30 PM	Chili Contest	
1:00 PM	Remote Car Ice Racing (BYO-Car)	
2:30 - 5:00 PM	Flying Tigers RC Aircraft Show	
3:00 PM	Ice Cream Social	
Fire, Music, 50.50 Raffle and Food Trucks!		



Saturday, March 18, 2023 Branch Hill Farm, 307 Applebee Road Milton Mills NH 03851 (603) 473-2535

Do your have an old apple or pear tree on your property that hasn't been touched in years? These trees have an amazing capacity to produce beautiful fruit for a long time—and your tree may have lots of life left in it. Learn how to brint it back into a healthy, productive state.

At this outdoor workshop instructors will demonstrate proper pruning techniques with a focus on trees that have been unmanaged. This class differs from our pruning classes in that the trees will be older and haven't been pruned in a long time. Some of these tall old treeswill require ladders and or ropes to access the canopy.

Participants should dress armly and bring their pruners, loppers and saws (if they have those pruning tools.)

Farmington Fish and Game Club April Fool's SpecTACular

30 Target TAC style shoot, Test your skills and equipment before going to Total Archery Challenge.



Bring your rangefinders and binoculars and prepare for the most challenging shoot we've ever put on.

April 1st, registration starts at 7am and ends at 11am. \$12.00 for members and \$15.00 for non members.

Recreation Information



MANAGED AND APPROVED BY:

New Hampshire Marine Patrol

http://www.nh.gov/safety/divisions/nhsp/fob/marine-patrol/index.html

<u>Boater Safety Class</u> (Saturday, March 11, 2023) (9:00 - 4:30) Dept of Safety Headquarters (second floor conference room) 33 Hazen Drive

Concord, NH 03305 (Multiple Class Dates Listed)

All registrants for this event must be 15 years of age by March 11, 2023. You must be 16 years old to receive a certificate. If you pass the course as a 15-year-old, you will be mailed your certificate on or around your 16th birthday.

You must bring a valid ID & a pen to write with and your lunch. The cost will be \$40.00 for the course, \$1.50 for the card. You may register for the class at https://www.register-ed.com/events/view/189498 You must register for this class online. All other details are available on the site.



New Hampshire Outdoor Expo: Friday-Sunday, March 10–12, 2023

Hampshire Dome, 34 Emerson Road, Milford, NH.

Come experience the latest innovations in freshwater and saltwater fishing, hunting, camping, kayaking, and boating. Try out the best gear, talk to top manufacturers and guides, and learn from world-class industry professionals.

Stop by the NH Fish and Game

Department's booth to talk about fishing at your favorite camping destinations. Rich LaValley from *North Woods Law*, Wes Reed, Lt. Wayne Saunders, and 603 Bass will all be on hand for seminars/demos by celebrities and Industry professionals. More info: nhout-doorexpo@gmail.com

March 18 - 19, 2023

Follow your favorite sweet treat from the trees of the sugarbush to your table: get out for Maple Weekend in New Hampshire!



Monkey Bear Farm 21 Brown Road Milton, NH 03851 603-978-9810

Colonial Mountain Maple 382 Teneriffe Road Milton, NH 03851 (603) 833-0339





Meadow View Sugarhouse 141 Wakefield Rd Union, NH 03887 (603) 842-0416



56th Annual NH
State Home Show
March 4th & 5th, 2023
Manchester Downtown
Doubletree
700 Elm Street
Manchester, NH 03101

New To The Show This Year

They are introducing exciting new features to the 2023 Home Show! In the Armory we have added a **Beer & Wine Garden**, filled with New England based companies who will be sampling their product. Also in the Armory,

They have **Antique Appraisers Alley**, with appraisers who can give you a value for your antiques. There will be appearances by **New England Patriots Cheerleaders** and will have **three food trucks outside** with delicious lunches! Make sure to check out all these new additions!