



The Milton Gazette

News from the Milton Parks & Recreation Department 852 White Mountain Highway, Milton, NH 03851





January 2024





New Town Hall 55 Industrial Way, Milton NH 03851





2023 Toys for Kids Program

The Recreation Department would like to thank Bill Snowden and his family for their very generous donation of toys to this year's toy drive. There were so many families and organizations who stepped up we were able to provide toys to over 80 children this holiday season.

We appreciate every donation no matter how big or small, each donation makes an impact on this program and the families which it serves.

We would also like to thank the Milton Public Works
Department for participating in this drive with us.
Organizations who participated in this year's drive were
the Milton Moose Lodge #1298 & Chapter 2336, the
Caravan of Toys (Portsmouth Naval Shipyard), and the
Marine Toys for Tot's Program. Thank you to everyone
involved in helping our families in need!



WHEN AND WHERE?

Saturday, Feb 17, 4:00pm Farmington Rec Center: 531 Main St Snow Date: Sunday, Feb 18, 4:00pm

WHO CAN PERFORM?

1st-4th Grade & 5th-8th Grade

TALENT?

Singing, Dancing, Juggling, Magic, Comedy, Gymnastics, & More!!! 3 minute limit for each talent

REGISTER HERE!

Register by February 2 For more information, follow the link



SCAN ME

Kids Night Out February

February 23, 2024 @ The New Town Hall 55 Industrial Way, Milton NH 03851



movies! Children (4-12 yr. olds) \$10 per child. Children can be dropped off at 5:30 pm and must be picked back up by 8:30 pm. We accept reservations on a first come basis. Once we reach 20 kids we are full. You can reserve your child's spot by calling603-652-4501, or by emailing recassist@miltonnh-us.com

If the weather permits, we might do some sliding so make sure you send outside clothing and bring a sled!

Community news



Tuesday, January 23, 2024 @ Nute High School Gym

The 2024 Presidential Primary will be held at Nute High School Gymnasium from 8:00 AM - 7:00 PM.

Supervisors of the Checklist Meeting



Friday, January 23, 2024 Nute High School Cafeteria 22 Elm Street Milton, NH 03851

The Supervisors of the Checklist be in session on Tuesday, January 23rd from 8:00 AM - 7:30 PM during the Presidential Primary, and will stay in session until 7:30 PM after the If you are registering to vote, please bring proper identification, A valid passport will meet the citizenship and ID requirements. A valid drivers license or non-driver ID in conjunction with a birth certificate or a social security card can meet the requirements as well. If you are a naturalized citizen, then you must have a

Notice to all undeclared voters: at the primary you will need to choose either a democratic ballot or a republican ballot. Whichever party you choose, you are now a member of that party, unless you then undeclare yourself again. To do this, you need to go to the supervisors table and ask to undeclare yourself. This is a simple process. You just sign a paper stating that you would like to remain undeclared! See you at the polls!

copy of your naturalization papers to register.



PUBLIC MEETINGS MILTON TOWN HALL 55 Industrial Way Milton, NH 03851



Jan 18, 2024 Voting Machine Testing - 10:00 AM

Jan 22, 2024 Board of Selectmen - 6:00 PM

Jan 23, 2024 Presidential Primary- 8:00AM - 7:00 PM

Jan 25, 2024 ZBA Meeting - 6:00 PM

Feb. 5, 2024 Board of Selectman - 6:00 PM

Feb. 6, 2024 Planning Board Meeting - 6:00 PM

Feb 12, 2024 MFPL Trustees Meeting - 10:00

Feb 19, 2024 Presidents Day - Offices Closed

Feb 19, 2024 MFPL Trustees Meeting - 10:00 AM

Feb 19, 2024 Board of Selectmen Meeting - 6:00 PM

Feb 20, 2024 Planning Board Meeting - 6:00 PM

Feb 22, 2024 ZBA Meeting - 6:00 PM

February 19, 2024
Presidents Day
Town Offices Closed



Senior Fun



Free Drop-In Programs for 50+ Years!

Nutrition for Seniors - 50+

Thurs, March 2 - 10:30am - Rochester Senior Center Learn how to improve your diet with Sandy Powers, RN, Wellness Nurse from Cornerstone VNA. She will guide you to improve your nutritional goals, and ways to nourish your spiritual and emotional health. A healthy snack will be served. This is a free program, but pre-registration is required.

Quilting and Crafting Drop-in

Mondays from 9:00 -noon — Rochester Senior Center Great for beginners as well as those who are looking to work on current project with company. This is a free, drop-in program. No membership or registration

required. Any program updates and cancellations will be posted on rec.rochesternh.gov and to our department Facebook and

Senior Mobility Class - 50+

<u>Fridays from 10:00 - 10:30 AM</u> - Rochester Senior Center Over time poor movement, injury, and stationary positions cause our tissues to change and shorten, often resulting in decreased mobility. In North American society the primary impairments are at the shoulder, hip, and ankle. Our mobility class combines soft tissue work with static stretching and stability work to unlock range of motion that has been lost over time

Chair Yoga - 50+

Wednesdays from 9:30 - 10:30 AM - This is yoga that uses a chair rather than a mat. We do several warm ups and poses on the chair. Once we come to standing, we use the chair for our support during posture sequences and balancing poses. The chair is convenient so the practitioner does not have to get up and down off the floor only up and down out of the chair. This practice is fantastic for Seniors, anyone recovering from surgery, and any type of joint issues or replacements. Anyone can do it! This is a free, no registration required.

Senior Breakfast - 50+

Third Friday of the Month. March 17th 8:30-9:30 AM. Join City of Rochester staff for a morning of conversation, coffee and laughs. Meet new friends, connect with old friends and learn about the Senior Activity Center Breakfast is prepared by Recreation Staff and served buffet style. The food is always good, but the company is GREAT!



Senior Bingo

Tuesdays, 9:00 - Noon Milton Town Hall Recreation Center 55 Industrial Way Milton, NH 03851 603-652-4501 ext. 8

Senior Bingo

Senior bingo will resume on <u>Tuesday, January</u>
30th. We are at our new location, which has very limited parking spaces. We ask anyone who has the ability to car pool, please do so. Until the parking lot is re-designed, we will have to work with the space that we have.

We look forward to seeing all our seniors again, and hope they are all off to a healthy and happy

New Year!

Fuel Assistance Program

If you or someone you know is having trouble paying for heat during the winter season, the Fuel Assistance Program (FAP) may be able to provide some relief.

The Fuel Assistance Program is New Hampshire's arm of the federal Low Income Home Energy Assistance Program (LIHEAP) which is funded through the US Department of Health and Human Services. While the Department of Energy administers the program, the on-the-ground work is done by local Community Action Agencies with whom the Department contracts.

As funds become available, the Fuel Assistance Program provides benefits to qualified New Hampshire households to assist with heating costs. The Fuel Assistance Program can also help households during a heating emergency by securing an emergency delivery of fuel, delaying a shut-off notice, or referring clients to another source of assistance.

Fuel Assistance benefits are a grant and do not have to be paid back.

Fuel Assistance benefits range from \$243 to \$2,419, depending on household income and energy costs. Benefits are calculated taking into account household income, energy costs, number of heating degree days within a region, and housing type. This targeting allows FAP to provide those households with the lowest incomes and the highest energy costs with the highest benefits. (See the eligibility guidelines.) The average benefit is \$1530.25. Fuel Assistance benefits are not counted as income when applying for other assistance programs.

How to Apply To apply for Fuel Assistance, contact your local <u>Community Action Agency</u> (CAA) to set up an appointment or to learn more about the application process.

School & Library Happenings

RAM NEWS



Milton PTA seeking Donations for their Spring Calendar Fundraiser

The Milton PTA is looking for donations for our annual Spring Fundraiser Calendar. This is one our biggest fundraisers of the year, with 100% of the profits going right back to the PTA. These funds allow us to support the students, teachers, and community with things such as classroom snacks and supplies, dances and enrichment programs, educational presentations, and free community events. We are in need to gift certificates or cash donations. This can be on behalf of a business or an anonymous donation. Please contact myself or AmyRose Johnson for donations.



4th GRADE STUDENTS HONORED FOR WINNING THE "I VOTED" STICKER CONTEST

Grace of Milton Elementary School was honored for her "I Voted" sticker design. More than 1,000 hand-drawn picture were submitted from NH fourth-grade students

through-out the state and Grace's art design was one of the 3 designs that were chosen.

At a special award ceremony at the Secretary of States Office, three students were honored for their sticker designs. The stickers will be ready for distribution at the 2024 Presidential Primary on January 23rd.

You may ask for your sticker before you leave the polls after you have voted!



Milton Free Public Library 13 Main Street PO Box 127 Milton Mills, NH 03852 (603) 473-8535

Friends of Milton Free Public Library and staff had an amazing time at Milton Recreation Department's Breakfast with Santa and the gingerbread house competition on Saturday, December 9th. The winners were Cora Boudreau (Best In Show), Zoey Brown & Brynsley Tudell (Best Children's Entries) each winner received \$25 gift certificates to Ira Miller's General Store from the Friends. It was so hard to choose because there were so many wonderful entries. Great job, everyone!



Check out the new books that have been purchased for some great reads in 2024!

Winter is here with shorter days and frosty mornings. One of life's seasonal delights is curling up in front of a fire with a book and a warm beverage. What are you reading this winter? Don't hesitate to stop by if you're looking for new material!

Milton Free Public Library and the Friends of MFPL are teaming up with Nute High School for our Annual Fan Fiction! Students take an existing story, add a character, change the scene, or reimagine the ending. We're very much looking forward to the wonderful and creative entries! Come by the library or visit our website for more information.

The Milton Free Public Library is excited to be a part of your adventures both real and imagined with access to some incredible materials in 2024! Happy New Year!

Recreation Information



MOOSEie Winter Wonderland Fun & Games, Saturday February 10th, 2024 (10:00 AM - 11:30 AM)

Explore the outdoor scenery and habitat that winter has to offer at Branch Hill Farm! We'll embark on a guided walk on the property's trails to enjoy the sights, sounds and feel of winter before the season ends. If there's enough snow, MMRG will provide a limited quantity of youth and adult snowshoes, and you can bring a sled to enjoy in the field.

This event is free to MMRG MOOSE-ie Member Families (those who have donated \$25 or more in the last 12 months). If you have a question about your membership status or wish to become a member, please contact the MMRG office at greenways@mmrgnh.org. Non-members are encouraged to make a \$10 donation per family.

FRIDAY, JANUARY 26, 2024 3:00 PM - SUNDAY, JANUARY 28, 2024 4:00 PM

The Hotel Concord and Intown Concord are excited to announce Concord NH Winter Fest will be returning for its sixth year in a row! Enjoy ice-carving demonstrations and meet some of New England's most talented ice carvers on Friday, January 26th followed by an ice carving competition and Concord NH Winter Fest on Saturday, January 27th, 2024, and Sunday, January 28th, 2024, from 11-4 pm.

CONCORD NH

Friday, January 26, 2024

10 AM- 4 PM- Art & Bloom

3:00 - 9:00 PM - Ice Carvings - The State House Lawn 5:00 - 7:00 PM - Free Wine Tasting at Wine on Main

Saturday, January 27, 2024

10 AM- 4 PM- Art & Bloom

10 AM- Red River's Movie - Singing' in the Rain

11:00 AM - Ice carving competition starts on The State House Lawn.

Vendors and Food Trucks, 11:00 AM- 4:00 PM Beer Garden, 11:00 AM- 3:30 PM

Outdoor Curling Rink, telescope Viewing with the McAuliffe-Shepard Discovery Center - 11:00 AM - 3:00 PM

Free Wine Tasting at Wine on Main - 1:00 - 4:00 PM

3:00 PM - Ice carving competition ends

3:30 PM - Awards announcement

4:00 PM - First Day Festival Conclude

Sunday, January 28, 2024

11:00 AM - Ice carving viewing starts on The State House Lawn.

Rollinsford Farmers' Market at Wentworth Greenhouses

Alternating Saturdays 10:00 – 2:00 from November to March 141 Rollins Rd, Rollinsford, NH



The Rollinsford Farmers' Market takes place in the beautiful Wentworth Greenhouses. This market has been one of our most recognizable and one of the biggest markets in the Seacoast since 2010. Enjoy the warm air of the greenhouse and browse a wide variety of houseplants during the cold winter months before entering the market area. Once you step into the farmers' market area you'll be amazed at the variety of locally grown and produced food.

Enjoy a warm breakfast or coffee while shopping. You'll hear some wonderful live music from local musicians while you're here.

When & Where: Dates for the 2023-2024 season are 1/20, 2/3, 2/17, 3/2, and 3/16. They take place at Wentworth Greenhouses, 141 Rollins Rd in Rollinsford. Hours are 10am -2pm. Listen for the bell that opens and closes each market!



Recreation Information



<u>Boater Safety Class</u> (Saturday, Feb. 3, 2024) (9:00 - 4:30) Marine Patrol—HQS Gilford, 31 Dock Road, Gilford NH 03249 All registrants for this event must be 15 years of age by February 3, 2024.

You must be 16 years old to receive a certificate. If you pass the course as a 15-year-old, you will be mailed your certificate on or around your 16th birthday.

You must bring a valid ID & a pen to write with and your lunch. The cost will be \$40.00 for the course, \$1.50 for the card. You may register for the class at https://www.register-ed.com/events/view/204068 You must register for this class online. All other details are available on the site.



Join <u>Seacoast Science Center naturalists</u> and guest community partners after hours for family-friendly S.T.E.A.M. activities and a guided nature program, <u>FREE of charge! Offered on the third Friday of the month</u>, each

Nature@Nite is based around a different theme.

Activities are designed to build confidence and empower participants of all ages in learning through science play and discovery.

Stations will engage you in science,

technology, engineering, art, and mathematics learning. Popup story times may be offered based on the evening's theme. A scheduled, guided nature program will be offered at 5pm each evening. This program is generously sponsored by Eversource.

See website for program schedule & details: https:// www.seacoastsciencecenter.org/programs/nature-at-nite/ Upcoming themes: January 19, 2024; Wildlife Wanderings;

February 16, 2024: Stargazing on the Seacoast; March 15, 2024: Migration Celebration; April 19, 2024: What-a-HOOT!

Note: to attend the evening. Walk-ins subject to availability. Space is limited for the 5pm guided program, and on a first come, first served basis. The number of participants depends upon the nature of the program that evening. Sign-up is available at the admissions desk starting at 4pm on the event date.



Start/finish LINE Location:

Opechee State Forest, Corner of Old N. Main St & Rt. 106 Laconia, NH

This year's purse is \$30,000!

Dogsledding

Goes without saying really, but we'll go ahead and say it anyway: <u>Dogsledding in New Hampshire</u> is a truly unique and wonderful experience. Discover the history of this treasured tradition at one of several locations across the state where sweet, powerful dog teams will take you on an unforgettable ride to calls of "hike!" (let's go!) or "haw!" (turn left). There are also some incredible events like the Laconia World Championship Sled Dog Derby.



on and off the ICE for some outdoor WINTER fun! This is a FREE admission event and is sponsored by the Alton Business Association! Local businesses sponsor events and provide raffle + prize items!! Be sure to stop at the ABA booth to purchase raffle tickets. For Vendor Registration, deadline 1/26/24!!!

BOB HOUSE DECORATING CONTEST, register by 2/12/24. Questions?

Email info@altonbusinessassociation.com or visit our website, https://altonbusinessassociation.com/