



# The Milton Gazette

News from the Milton Parks & Recreation Department  
852 White Mountain Highway, Milton, NH 03851



April 2024



Thank you for all the families who joined us for the recreation department's annual Easter Egg Hunt! It sure was windy out, but it was still a great day. All we needed to do was put the eggs on the ground and mother nature did the rest. Congratulations to our "Golden Egg" winners who received a special bag of candy and to the six winners of the Easter baskets and to our very creative Egg Decorating Contest Winners! We hope everyone had as much fun as we did.



Zumba starts up  
on Wednesday, April 17  
@6:00 PM  
Milton Rec Center  
55 Industrial Way  
Milton, NH 03851  
This is a free class!



"Spring kick-around" Soccer  
program on Saturday, April  
13, 2024 @ Three Ponds Field  
This will be a 6 week program  
for youth running from  
4/13/24 - 5/18/24  
on Saturdays  
U10 players (10:00 AM)  
U12 players (11:30 AM)  
For more information you can  
call the rec department

## Kid's Night Out!

**Friday, April 19th 2024**  
**5:30 - 8:30pm**  
**Recreation Center at Town Hall**  
(55 Industrial Way)  
**\$10.00 per child**  
**Children 4 - 12 years**

**This month we welcome volunteers from 4-H Club that have a special activity planned for the kids! Kids will have a fun evening with games, crafts, dinner, treat and a movie!**

**Limited to 20 kids, sign up by emailing [recassist@miltonnh-us.com](mailto:recassist@miltonnh-us.com) or call 603-652-4501 ext.8**

**DEA NATIONAL <sup>Rx</sup> TAKEBACK** Milton Police Department  
7 Townhouse Road  
Milton, NH 03851

**Saturday,  
April 27**  
10 a.m. - 2 p.m.  
[DEATakeBack.com](http://DEATakeBack.com)



## Community news



### **VOLUNTEERS NEEDED!**

Milton Public Works  
Clean-Up Day  
Saturday, April 20th  
9:00 AM  
803 White Mountain Hwy.  
Milton, NH 03851  
603-652-9891

Take pride in our community and join us for clean-up day on Saturday April 20th! Sign in at 9 am the Public Works Garage, 803 White Mountain Highway where roads will be assigned to volunteers and trash bags will be distributed. Clean-up begins at 9:30am. Public Works will collect the filled bags. Volunteers are invited back to the Public Works Garage for a cookout at noon. Refreshments have been generously donated by our local businesses.



**FREE Vernal Pool Walk**  
**Sunday, May 5, 2024**  
**2:00 PM – 4:00 PM**  
**Branch Hill Farm's 'Jones Brook East' Woodlands**



**Led by UNH Extension County Forester, Lindsay Watkins**

Vernal pools are seasonal wetlands -- important to invertebrates, amphibians, reptiles and birds. Join us to learn more about these critical habitats and learn to identify some vernal pool residents such as wood frogs, spotted salamanders, and fairy shrimp.

This event will be a family-friendly leisurely walk over moderate terrain in north Milton. Limited to 15 participants. No pets please. For more info, directions and to pre-register: email [mcc@miltonnh-us.com](mailto:mcc@miltonnh-us.com).

Presented by the Milton Conservation Commission, UNH Extension, Branch Hill Farm, and Moose Mountains Regional Greenways



### **PUBLIC MEETINGS MILTON TOWN HALL 55 Industrial Way Milton, NH 03851**

April 1, 2024	Board of Selectman - 6:00 PM
April 2, 2024	Planning Board Meeting - 6:00 PM
April 3, 2024	Conservation Commission - 6:00 PM
April 8, 2024	MFPL Trustees Meeting - 10:00 AM
April 15, 2024	MFPL Trustees Meeting - 10:00 AM
April 15, 2024	Board of Selectmen Meeting - 6:00 PM
April 16, 2024	Planning Board Meeting - 6:00 PM
April 23, 2024	Budget Committee Meeting - 6:00 PM
April 25, 2024	ZBA Meeting - 6:00 PM



### **Budget Committee Open Seat**

The Budget Committee has one open seat and Laura Turgeon (Chair) has asked that anyone interested in becoming a member to please submit a letter of interest to her via email [lturgeon@gmail.com](mailto:lturgeon@gmail.com).  
Thank you!



*Old Milton Town Hall  
and  
Emma Ramsey Center  
424 White Mountain Hwy*



*New  
Milton Town Hall  
55 Industrial Way*

**2023**  
**Town Reports**  
Printed copies  
of the 2023  
Town Report are  
available at town  
hall or you can  
download a copy  
at  
<https://www.miltonnh-us.com/home/news/2023-town-report>



# Senior Fun



31 Wakefield St. | Rochester, NH 03867  
(603) 335-7500

## Free Drop-In Programs for 50+ Years!

### Timeline of Updates to Senior Memberships

May 1, 2024 - Information on the new Membership Modules will be published at [rec.rochesternh.gov](http://rec.rochesternh.gov)  
June 30, 2024 - All interim Memberships expire  
July 1, 2024 - New Membership modules will be available for purchase.

### **Quilting and Crafting Drop-in**

Mondays from 9:00 -noon – Rochester Senior Center  
Great for beginners as well as those who are looking to work on current project with company. This is a free, drop-in program. No membership or registration required. Any program updates and cancellations will be posted on [rec.rochesternh.gov](http://rec.rochesternh.gov) and to our department Facebook and Instagram Pages.

### **Senior Mobility Class - 50+**

Fridays from 10:00 - 10:30 AM - Rochester Senior Center  
Over time poor movement, injury, and stationary positions cause our tissues to change and shorten, often resulting in decreased mobility. In North American society the primary impairments are at the shoulder, hip, and ankle. Our mobility class combines soft tissue work with static stretching and stability work to unlock range of motion that has been lost over time

### **Chair Yoga—50+**

Wednesdays from 9:30 - 10:30 AM - This is yoga that uses a chair rather than a mat. We do several warm ups and poses on the chair. Once we come to standing, we use the chair for our support during posture sequences and balancing poses. The chair is convenient so the practitioner does not have to get up and down off the floor only up and down out of the chair. This practice is fantastic for Seniors, anyone recovering from surgery, and any type of joint issues or replacements. Anyone can do it! This is a free, no registration required.

### **Senior Breakfast - 50+**

Third Friday of the Month. April 19th 8:30-9:30 AM. Join City of Rochester staff for a morning of conversation, coffee and laughs. Meet new friends, connect with old friends and learn about the Senior Activity Center Breakfast is prepared by Recreation Staff and served buffet style. The food is always good, but the company is GREAT!



### **Senior Bingo**

Tuesdays, 9:00 - Noon  
Milton Town Hall  
Recreation Center  
55 Industrial Way  
Milton, NH 03851  
603-652-4501 ext. 8

### **Senior Bingo**

Mach Senior Bingo Dates are:

4/2, 4/9/, 4/16 & 4/23

We will be taking a break in May & June until the Assistant Director returns from Family Leave to spend time with her new baby!

We will resume once she returns to work!  
Congratulations to Diana & Brandon on their new family member!

### **Adult & Aging Care**

*Information and resources for adults age 60 and older and adults between the ages of 18 and 60 who have a chronic illness or disability*

#### **Report Adult Abuse or Neglect**

Contact APS Central Intake:

- Phone: [603-271-7014](tel:603-271-7014)
- Alternate Phone: [1-800-949-0470](tel:1-800-949-0470) (In-state only)
- Fax: 603-271-4743

[Find out how to report a concern about adult abuse or neglect](#)

The Bureau of Elderly and Adult Services (BEAS) provides a variety of social and long-term supports to adults age 60 and older and to adults between the ages of 18 and 60 who have chronic illness or disability.

A Variety of social and long-term services and supports can be accessed through the ServiceLink Resource Centers and the NH DHHS District Offices. Services and supports are intended to assist people to live as independently as possible in safety and with dignity. Examples include:

- \*Home and Community Based Care
- \*Home Delivered Meals, often referred to as Meals on Wheels
- \*Community Dining, often referred to as Congregate Meals
- \*Transportation assistance
- \*Nursing Home Care
- \*Information and assistance regarding Meals
- \*Information about volunteer opportunities
- \*Investigation of reports of abuse, neglect or exploitation of vulnerable adults

# School & Library Happenings

## RAM NEWS



### Milton PTA seeking Donations for their Spring Calendar Fundraiser

## SCHOLAR ATHLETE AWARD

Congrats to Lyndsey Levasseur and Lyric Picard for earning the Scholar Athlete Award. This is to recognize their outstanding accomplishments in academics and interscholastic sports!



The Senior Class is raffling off a Spring Into Summer basket. Tickets are on sale starting today and will go through April 22nd and are \$1 for 1 or 6 for \$5. If you would like any tickets I do take Venmo and Paypal. Also, if you would like to donate to this fundraiser, please see the items listed below. Donations can be sent in with a Senior or dropped off at Nute High School. If you have any questions, please email [gabrille.rioux@sau64.org](mailto:gabrille.rioux@sau64.org). Thank you for supporting the senior class.

### Donations NEEDED

**FOR A RAFFLE BASKET**

NEEDED ITEMS:  
SIDEWALK CHALK  
LAWN TOYS  
BUBBLES AND BUBBLE ACCESSORIES  
LAWN DECOR (GARDEN GNOMES, LAWN FIGURINES, ETC)  
GARDENING SUPPLIES SUCH AS  
SEEDS  
SEED POTS  
PLANT POTS  
GARDENING GLOVES  
GARDENING TOOLS (SMALL)  
GARDEN HOSE  
BUG SPRAY AND/OR BUG CANDLES (CITRONELLA OR ANY ALTERNATIVE)  
SUNSCREEN  
HOME DEPOT OR LOWE'S GIFT CARD  
MARKET BASKET OR HANNAFORD GIFT CARD  
GAS GIFT CARD

Thank you for supporting the Senior Class

### Spring INTO Summer

**RAFFLE BASKET**

ENTER FOR A CHANCE TO WIN A BASKET FILLED WITH ITEMS SUCH AS GARDENING SUPPLIES, CHILDREN'S OUTSIDE TOYS, GIFT CARDS AND MORE!

**Tickets on Sale**  
4/1 - 4/22  
1 FOR \$1 OR 6 FOR \$5

Thank you for supporting the Senior Class



Milton Free Public Library  
13 Main Street  
PO Box 127  
Milton Mills, NH 03852  
(603) 473-8535

Join us for a Spring theme craft to welcome the season to our library

**SPRING INTO SPRING**

SATURDAY  
13  
APRIL  
2024  
10:30 AM -  
12:30 PM

NUTE MIDDLE HIGH SCHOOL PROUDLY PRESENTS

## THE LITTLE MERMAID

**Support Nute's Little Mermaid Musical**

**Dear Friends and supporters of Nute Middle High School,**  
Imagine a world under the sea where dreams come to life! We are thrilled to announce our enchanting production of "The Little Mermaid" musical, where mermaids, sea creatures, and unforgettable melodies come together to create a mesmerizing spectacle for all ages. However, creating this magical underwater world comes with its costs, and we need YOUR help to make it truly a spectacular!

#### How Can Your Make a Splash?

**Donate Today:** your generous donation will contribute to the production costs, including mesmerizing set designs, stunning costumes, captivating special effects, and licensing the rights from Disney. Become a sponsor and see your name or business displayed proudly in our program and on promotional materials.

**Share the Love:** Spread the word by sharing this flyer on social media! Every share brings us closer to reaching our fundraising goal and making this production a sea of success.

**Get Your Tickets:** Secure your spot at the show by purchasing tickets in advance. Your ticket purchase directly supports our efforts in bringing this underwater adventure to life.

Nute High School will perform "The Little Mermaid" on May 10th and 11th at 7 p.m.! It's been 18 years since we performed a musical, and we've never launched a production as big as this one. Tickets are a paltry \$3 for students and \$5 for adults, so swim on over to Nute to dream of a world under the sea!



## Recreation Information



· AT YOUR LOCAL  
· ROCHESTER HOME DEPOT  
· ON SATURDAY  
· April 6th 2024

THE FREE KIDS WORKSHOPS

SATURDAY AT 9 AM – 12 PM

### The Free Kids Workshop

The Home Depot (280 N Main Street, Rochester, NH)



Lattice Planter – April 6, 2024

This is a free workshop as long as supplies last. Workshop begins at 9:00 AM First come first serve basis.



#### VOLUNTEERS NEEDED

Saturday, April 20th

9:00 - 12:00

at the town owned

Ball Property

Milton's Department of Public Works (DPW) will provide equipment and drivers to remove heavy items. We need your help to toss in light items and rake it out. Many hands make light work – please join us!

Sponsored by the Milton Conservation Commission, DPW and TPPA

Limited parking at Micah Rd entrance in front of concrete barriers. For information and directions, email: [mcc@miltonnh-us.com](mailto:mcc@miltonnh-us.com)

Please bring work gloves, refillable water bottle, and rake, if you have one. Complimentary coffee and cider donuts provided by the MCC. Free hot dog lunch at noon at the Milton Department of Public Works, 803 White Mountain Highway.



Saturday, April 20, 2024 - 10:00 AM - 3:00 PM Discover WILD New Hampshire Day is a fun way for the whole family to explore New Hampshire's wildlife resources and legacy of outdoor traditions. Browse educational exhibits presented by environmental and conservation organizations from throughout the state. See live animals, big fish and trained falcons. Try your hand at archery, casting, fly-tying and B-B gun shooting. Watch retriever dogs in action. Get creative with hands-on craft activities for the kids. Plus, check out the latest hunting and fishing gear and gadgets!

Trained service dogs only - Admission is free!

**FARMINGTON-NUTE FOOTBALL SKILLS & DRILLS**

VALLEY VIEW PRACTICE FIELD

Open to all students in grades 6-12

The Farmington-Nute Football Coaching staff will be hosting free skills and drills sessions throughout April and May. The sessions will teach and improve fundamentals to improve techniques and player safety.

4/10, 4/24, 5/8, 5/22, 6/5 @ 6PM

USA FOOTBALL NHAA

Farmington-Nute Football Skills & Drills start next Wednesday at 6pm on the field in front of Valley View. This program is for grades 6-12. Please click the link below or scan the QR code on the flyer to complete the free registration which will send you the participation waiver. **This is a great opportunity for any kid considering playing football in the fall.** The program is only every other Wednesday at 6pm.

<https://forms.gle/NiTxB1f7VwGgbTXg9>

## Recreation Information



**MAY 3 & 4:**

**NH FARM, FOREST & GARDEN EXPO**  
**ANIMALS • EXHIBITS • DEMONSTRATIONS •**  
**LOCAL PRODUCTS**

We look forward to seeing you at this year's Farm, Forest, and Garden Expo at the Deerfield Fairgrounds. **Stop by the NHFM booth and receive a free gift!**

The NH Farm, Forest, and Garden Expo is the only show in our state that is exclusively targeted to the agricultural, forestry, and gardening industries. This family-friendly event includes live animals, kid's activities, workshops, speaker programs, and will feature equipment, products, and food produced or sold in New Hampshire. You may even meet Smokey the Bear!

**FRIDAY:** May 3, 9:00 – 7:00

**SATURDAY:** May 4, 9:00 – 4:00

**VENUE:** Deerfield Fairgrounds, Deerfield, NH

**COST:** \$10 (12 and under are free) This is not an NHFM event, so our members do not get a discount.



It's that time of year again! Planning for the  
**Milton Historical Society Yard Sale !**

Please join us for our first planning meeting to discuss the Yard sale ! Thursday April 4th at Bucky's Skillet 584 white mountain highway. Starts promptly at 6pm .  
Parking in either Marina plaza parking lots or across at DG  
Hope to see you there !

Eager Beaver  
Clean-up Day  
5/11/2024  
10:00 - 2:00 PM



### Band together to clean up the farm!

Put on your boots and old clothes and have some fun! Join us as we clean up the outside and inside areas of the farm to get it ready for summer visitors.

Cleanup day is great fun and a significant way to help the Farm Museum. Kids of all ages are welcome to attend with their families!

### We will thank you with lunch and gratitude!

We will provide a simple lunch and drinks as a thank you for helping us keep the museum and grounds in tip top shape.

### SOMETHING FOR EVERYONE

- Special attention will be paid to the trails abutting the Farm
- Bring your hand tools, too, and chainsaws to help us clear downed trees.
- Help needed getting the chicken coop and pens up and running.
- Garden enthusiasts will be preparing the Children's Garden.

**Questions?** Contact Jon at 603-652-7840.

**ReadyNH.gov**  
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ALERTS APP



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@NH.HSEM



TWITTER  
@NH\_HSEM



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@NH\_HSEM

**HOMELAND SECURITY  
EMERGENCY MANAGEMENT**  
NEW HAMPSHIRE DEPARTMENT OF SAFETY