



The Milton Gazette

News from the Milton Parks & Recreation Department
852 White Mountain Highway, Milton, NH 03851



March 2021



Mar 14, 2021 Daylight Saving Time Starts

When local standard time is about to reach Sunday, March 14, 2021, **2:00:00 am** clocks are turned **forward** 1 hour to Sunday, March 14, 2021, **3:00:00 am** local daylight time instead.



Joke of the Month

Q: Why should you never iron a four-leaf clover
A: You don't want to press your luck!

St. Patrick's Day, Wednesday, March 17, 2021



Easter Basket Drive
Milton Recreation is collecting
Items or Pre-filled Easter Baskets
for the 2021 Town Easter Hunt



Donated by: Saturday, March 20th.

Drop Off Locations: Recreation Office at the Emma Ramsey Center & Milton Town Beach, or the Milton Transfer Station.

What is Needed?: Pre-filled baskets or items that can be used in making up baskets for the kids. Items such as small toys, candy, coloring items, or trinkets. We are also accepting items such as cellophane bags for baskets, empty baskets, ribbon or any item that would be able to be put into a basket.

Additional Items: If you would like to donate items such as eggs, or candy, or money towards the hunt itself, we would gratefully accept that as well. For our supporters who enjoy shopping online, donations can be shipped directly to the Recreation Center at Town Hall at, 424 White Mountain Highway, Milton N.H. 03851. We really appreciate our support of our kids, and could not do this event without our wonderful donors! Thank you in advance and we wish everyone a happy Easter!

Milton Recreation

EASTER Egg Hunt

Saturday, March 27th
Milton Town Field

Hunt times by group:
0 - 1st Grade at 10:00am
2nd - 3rd Grade at 10:15am
4th - 5th Grade at 10:30am



* EGG HUNT * EASTER BUNNY * CRAFTS *
* BASKET RAFFLES * GOLDEN TICKET EGG PRIZE *
(Milton/Mills Residents Only)
* BEST DECORATED EGG CONTEST *



Participants should bring a basket to collect their eggs in.

The Easter Bunny will be on site to meet the kids and pose for pictures.

After each group has had the opportunity to hunt, we will allow everyone to go back and find the remaining eggs.

Children are encouraged to bring their best decorated egg to enter into the Easter Egg Decorating Contest

All hunters are encouraged to remove the candy and return the eggs so we can recycle them for next year!

Please dress children for outside activities! Unless it is raining, the hunt will take place outside and around the grounds at the Milton Town Beach



**"Volunteers don't get paid,
not because they're worthless,
but because they're priceless."
— Sherry Anderson**



Fun Fact: To raise awareness about the dwindling Bilby population, confectioners in Australia have taken to making chocolate likenesses of this small rabbit-size marsupial. Aussies can scoff at will, knowing that every bite they take is helping to save an endangered species.

Community News



TOWN OF MILTON, NH COVID-19 FACILITY USE AND CUSTOMER SERVICE PROTOCOLS

Per Vote of the Board of Selectmen, Milton Town Hall will open by appointment only starting on the 11th of JANUARY 2021, until further notice.

Public entering Town Hall shall: (1.) Have an appointment set up previously with the pertinent department/individual. (2.) Complete a contact survey form prior to entering the building (available on the website and outside each Town Hall entrance in a weatherproof document container). (3.) Wear a mask that covers both mouth and nose; (4.) Practice social distancing (maintaining 6 feet of separation), except where conducting business through the plexiglass separators at business counters in Town Hall. (5.) Abide by the requirements set forth in this document for the Milton Town Hall, other facilities and work areas (check the protocols within this document pertaining to the facility you wish to visit). ANYONE CHOOSING NOT TO FOLLOW THESE HEALTH AND SAFETY REQUIREMENTS WILL NOT BE PERMITTED TO ENTER TOWN-OWNED FACILITIES.



NH Mobile Food Bank
Friday, March 26, 2021
JC Penny (empty store)
25 Lilac Mall route 125
11:00 AM – 2:00 PM



Second Session **Annual Town Meeting** **Tuesday, March 9, 2021**

Nute High School Gymnasium
22 Elm Street Milton, NH, 03851

8:00 AM - 7:00 PM for official ballot casting.

Residents who have not already registered to vote may do so at the polls with the Supervisors of the Checklist. All registered voters must present a picture ID and announce their name and address to the clerks. People looking to register to vote should bring a picture ID, proof of residency, and proof of citizenship.



TOWN OF
MILTON
NEW HAMPSHIRE

PUBLIC MEETINGS **MILTON TOWN HALL** **424 White Mountain Highway** **Milton, NH 03851**

March 1, 2021	Board of Selectmen - 6:00 PM
March 2, 2021	Planning Board - 6:00 PM
March 9, 2021	Government Efficiency TF - 6:00 PM
March 15, 2021	Board of Selectmen - 6:00 PM
March 16, 2021	Planning Board - 6:00 PM

NH begins emergency rent assistance for people hurting in COVID pandemic.

What is the New Hampshire emergency rent assistance?

NHERAP funds can cover current and past due rent, as well as utility and home energy costs for eligible households. This assistance is available retroactive to April 1, 2020 through the date of application, and the applicant may also receive assistance for these same expenses going forward. Households may receive assistance for a total of 12 months.

Payments will be provided directly to the landlord or utility provider on behalf of the household, according to the governor. Landlords, with the tenant's permission, may apply for assistance on behalf of their tenant.

To be eligible, at least one person in the household must qualify for unemployment benefits, had their income reduced, had significant costs, or had other financial hardship due to COVID-19. The household must also be at risk for homelessness and meet certain income requirements. The new program is for eligible renters and landlords, not homeowners, per federal rules, according to Sununu's announcement. Full program guidelines and the NHERAP application information will be available by March 15, 2021 at nhhfa.org/emergency-rental-assistance.

Local Happenings

SCHOLASTIC

Scholastic Book Clubs

<https://www.scholastic.com/contests/index.html>

Featured Contests & Programs

For Grades PreK-1

Enter the Favorite Character Sweepstakes!



Entries Must Be Received by March 31, 2021 (11:59 p.m. ET)

How to Enter: Correctly identify all the characters for a chance to win a Book BFF Library! Enter at bit.ly/FavCharactersPreK-1. Entries must include student's first name and grade, and parent's full name, email address, and phone number.

Prizes: Five Winners will receive a Book BFF Library!

For Grades 2-8

Enter the Favorite Character Sweepstakes!



Entries Must Be Received by March 31, 2021 (11:59 p.m. ET)

How to Enter: Correctly identify all the characters for a chance to win a Book BFF Library! Enter at bit.ly/FavCharacters2-8. Entries must include student's first name and grade, and parent's full name, email address, and phone number.

Prizes: Five Winners will receive a Book BFF Library!



Art & Writing Contest

I Survived Graphic Novel Contest

Grades 4-8

Entries Must Be Received by March 31, 2021

How to Enter: In three to five graphic panels, show yourself in the midst of the action of a historical event of your choosing. Include some text to help tell the story.

Prizes: FIVE WINNERS will receive an I Survived library plus a mega set of color pencils and a jumbo sketchbook!

Send to: I Survived Graphic Novel Contest, PO Box 714, New York, NY 10013-0714

Entries must include student name, age, and grade; teacher name; and school name, address, email address, and phone number. If student is learning remotely, please include home address and parent contact information.

Nute Drama Goes Live Stream by Doug Decker



On January 29th, Nute performed its first livestream show. Help Desk by Don Zolidis, under the technical director of Nute alumnus Tyler Guptil and assisted by sophomore Gabe Douglass and director Doug Decker. This absurd comedy featured the following Drama students: Indigo Cisneros, Dwayne Dunton, Bella Davis, and Emily Tallard. Additional direction and costuming were provided by Helen Brock. During rehearsals and our performance, our auditorium was empty, our main curtain was closed, and the stage looked more like a television studio than a stage, with a green screen and lighting for each actor. You can still enjoy our show on YouTube at <https://www.youtube.com/watch?v=f5F7VGwX6Ws&t=5s> or by going to Mr. Decker's teach website on the Drama page.



Milton Free Public Library
13 Main Street, PO Box 127
Milton Mills, NH 03852
(603) 473-8535

Porch-side Pickup Only

TUES 3:30 - 7:30 PM

FRI 1:00- 7:30 PM

Browsing by Appointment
45 Min. Appointments

WED: 12:00 - 7:30 PM

THU: 10:00- 12:00 PM

3:30 - 7:30 PM

SAT: 10:00 - 1:00 PM

Fun Fan Fiction Winners Announced

The Friends of the Milton Free Public Library are pleased to announce the 2021 winners of the high school Fun Fan Fiction contest.

Emma Richards won 3rd place and \$50 for her addition of a magic necklace in Cinderella. Lyric Picard garnered 2nd place and \$75 for her excellent plot twist to Snow White. Our first place winner is Amber Dunkel. She won \$100 by adding a character to Sleeping Beauty.

This year the Friends were impressed with the quality of the language used in all of the entries. They also appreciated the creative efforts of all the students in this exceptional time. Great work, students!

You may remember the exciting **Children's Literacy Foundation (CLiF) "Year of the Book" grant** that Milton Elementary School received last year. As a part of the award, the library received a generous gift of books. Those books are here and now ready for check out! They cover a diverse range of topics and are for children of all ages. You can take a look at all our new items on the homepage of our catalog, in the "What's New" section.



Local Area Offerings



Area Ice Fishing Derby
Information by Town/Date
For Maine Derby Info:
<https://www.maine.gov/ifw/fishing-boating/fishing/fishing-derbies.html>

START	END	WATERBODY	TOWN	CLUB	TYPE	PUBLIC
02/27	02/27	Big Pea Porridge Pond	MADISON	White Mountain Lodge 2705	RBT BT YP ECP NO BASS	TRUE
02/27	02/27	Wilson Pond	SWANZEY	Town of Swanze Rec Dept/CT River Sportsmens Club	NP YP WP ECP NO BASS	TRUE
02/27	02/27	Manning Lake	GILMANTON	Belknap Regional Special Operations Group (SWAT)	ECP YP EBT NO BASS	TRUE
02/27	02/28	Newfound Lake	BRISTOL	Alexandria Volunteer Fire Dept.	LT RT ECP YP CUSK NO BASS	TRUE
03/06	03/06	Balch Great East Lovell Province PineRiver Belleau Sandy	WAKEFIELD	Wakefield Parks & Recreation Dept	YP WP ECP RBT BC NO BASS	TRUE
03/06	03/06	Horace Lake Daniels Lake Drew Lake Perkins Pond Pleasant Lake Denison Pond Shattuck Pond Haunted Pond Deering Reservoir Dudley Pond Gorham Pond Long Pond Purgatory Pond Stark Pond		Goffstown Fish & Game Assoc	CP YP WP BC BBH EBT RT BT AE CSF BG NO BASS	FALSE
03/06	03/06	Club Pond	NEW DURHAM	New Durham Parks & Rec	ECP BC YP WP NO BASS	TRUE



SATURDAY, MARCH 6, 2021 AT 1 PM EST – 6 PM EST

Winter Wipeout Enduro Race 2021

Free · 72 Lafayette St, Rochester, NH 03867-2624, United States

Rochester Fairgrounds takes a shot at winter snow racing! Winter Wipeout 2021! open to any 2wd passenger cars, wagons light duty 2wd platform trucks or minivans. Passengers aloud!!! as many passengers as you have seats and seat belts!

New England Ice Racing Association is a non-profit organization that has been racing for over 40 years. Racing typically happens from January to mid-March. We race every Sunday, as long as there is enough ice. Green flag drops at 12 Noon. Come early for delicious food and good parking! Only \$10 per car for spectators!
<https://www.facebook.com/groups/293097630440/>

For current ice conditions and to check the status of racing, call the Ice Line.
N.E.I.R.A Ice Line
603-600-7828



New Hampshire Maple Month 2021

Maple Sugaring Month runs March 1 through March 31, spanning four weekends. You can support your local sugarhouses during the pandemic to help keep the sugaring tradition alive. Go to the [Find a Sugarhouse](#) link to find one near you. Each sugarhouse will have their own COVID protocols for visiting and/or buying during the pandemic so check out their listings or call for details about online ordering, Maple to Go, appointments to visit etc. Remember the State of NH has a mask mandate from Governor Sununu in effect through March 26th.



Blueberry Hill Sugarworks

31 Blueberry Hill Road, Raymond N.H. 03077 (603) 300-6837
Will be open for Maple Sugar Weekend on Saturday/Sunday 9:00 AM - 4:00 PM. For more info email: Jason@wickedappy.com



Colonial Mountain Maple

360 Teneriffe Road, Milton NH (603) 833-0339 - Lee Pilkovsky
No special events but open weekend throughout maple season. You can check them out on facebook



Mac Hill Maple

370 Gardner Hill Road, Tamworth NH (603) 323-6091 - Will Streeter
We are open for syrup pickups by appt. or chance. Call or email to get maple syrup, maple sugar or some yummy Bourbon Barrel Aged Maple Syrup.



Monkey Bear Farm - 21 Brown Road

Milton, N.H. - Eric Ohlenbush
Stop by and check out this amazing sugar shack right in town. I can attest to his amazing Maple Syrup! Check them out on facebook!

Ben's Sugar Shack
Learn the Entire Sugaring Process
Free Tours & Free Samples

Sugar On Snow Maple Candy
Pure Maple Syrup

Tours Start Every 15 Minutes!
Any Questions Please Call 603.924.3111
Tours Last 25-35 Minutes
TEMPLE & NEWBURY NEW HAMPSHIRE
BensMapleSyrup.com
Saturday & Sunday 10 a.m to 5 p.m
Like Our Facebook Page!

Starts March 7th EVERY WEEKEND

Area Activities in March



The Historic Theater
28 Chestnut Street
Portsmouth, NH 03801
603-436-2400 for tickets

COMEDY AND DANCE SPECTACULAR



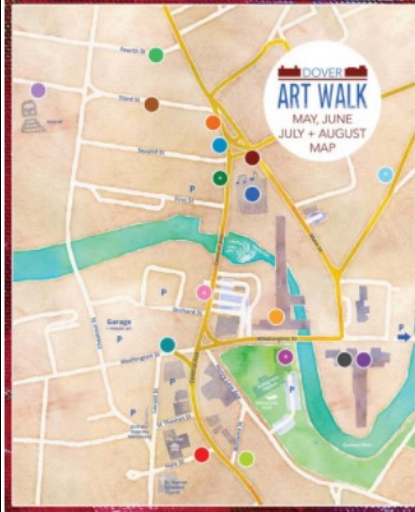
The best place to be on this Saint Patrick's day is the Music Hall to celebrate with Celtic step dancing, music, and hilarious comedy. Featuring the comedic talents of Jim McCue, Kathy Farris, Joey Carroll & Jack Lynch. The night also includes the Murray Academy school for Irish Dance along with John Grimes (Riverdance cast member from 2009 - 2012 for the McDonough-Grimes Irish Dance.

The show is scheduled for **March 13, 2021**. Please contact our Box Office (603.436.2400) to reserve your seats. All social distancing protocols will be followed. For more upcoming shows visit themusichall.org

Fishing Derby -- This Saturday, March 6th!

Rec office opens @ 6am on Derby Day
Register anytime this week or on Saturday.

Lots of prizes & raffles including this 1988 Artic Cat Cougar 440 generously donated by the Wakefield Chamber of Commerce!



Dover Art Walk

Friday, March 5, 2021

4:00 pm to 08:00 pm

1 Washington Street
Dover, NH, USA, 03820

This is a free event!

Dover Main Street

(603) 740-6435

Events Happen in
May, June, July &
August.

Dover Art Walk is a grassroots community event held on the first Friday of every month from 4-8 pm. Local galleries, merchants, neighbors, and friends join together in celebration of the Arts. Local merchants and galleries are open to showcase Dover's artists and their work. Visit www.doverartwalk.com for a map of participating locations, or pick up a map at any of the stops and start perusing! Get entered in a raffle when you get 10 stamps and drop it off at Cara A True Irish Pub or the Cocheco Courtyard by 8 PM. New maps are released in January, May and September.



Milton NH Exercise & Fitness

@exercisefortheunofit
Health & Wellness Website

Join Nancy for a variety of classes
right from the comfort of you home!

Free On-Line
Exercise &
Fitness Classes

Hosted by Nancy
Coyne

Nancy's group exercise classes offer a
diverse choice of Strength, Zumba,
Kickboxing, Pound, and circuit classes.
Enjoy a fusion class of these!

Farmington 500 Softball is BACK!

Registration is now open!
Please go to the Farmington 500
website to register!

Season starts on May 15th!



Registration costs:
T-ball: \$40
8u: \$55
10u & 12u: \$65

Questions? Or interested in coaching? Please contact Amy Mann at:
softball@farmington500.org



Senior Activities



Wakefield
Resource Center
254 Main Street,
PO Box 96
Union, NH 03887
603-473-8324

Wakefield Resource Center
254 Main Street, PO Box 96, Union, NH 03887
Monday through Friday from 9:00 AM – 1:00 PM
The Greater Wakefield Resource Center started
serving takeout lunches on
January 4th, on Monday, Wednesday, and Thursday.
Suggested donation for Seniors
(60 years or older) - \$4.00 per meal
Suggested donation for anyone
under (60) - \$6.00 per meal
the monthly menu is posted on their website
<https://greaterwakefieldresourcecenter.webs.com>

The Center does the administrative work for Meals
on Wheels. If you or anyone you know is in need of
receiving meals please give Martha a call at 473-8324
or email her at gwrc@roadrunner.com.

Volunteer Drivers are needed!!

This valuable program would not be possible with-
out generous people who volunteer their time to
drive for us. Our drivers are assigned one of two
routes which take about an hour. If you would like
to help your community by driving for Meals on
Wheels, please call Martha at 473-8324.



Each year the **National Garden Bureau** selects one
annual, one perennial, one bulb crop, one edible, and
one shrub as our "Year of the" crops. Plants are chosen
because they are popular, easy-to-grow, widely adapta-
ble, genetically diverse, and versatile.

2021 Choices are: The Garden Bean; The Sunflower;
the Hyacinth; the Monarda and the Hibiscus!

5 Health Benefits of Gardening for Seniors

The benefits of gardening for seniors include:

1. **Exercise and burning calories.** Planting and pulling weeds can help you burn 200 to 400 calories an hour. Gardening gets the body moving by requiring some bending, squatting, stretching and pulling.
2. **Muscle-strengthening.** You don't have to push around a heavy wheelbarrow to keep your muscles from weakening. A few hours of gardening per week will give you the workout you need.
3. **Vitamin D.** While you don't want to overdo it, a few hours of exposure to sunshine will give you more vitamin D than your nightly glass of milk.
4. **Stress-reducing.** Gardening increases hand-eye coordination, which helps to keep the brain and body in sync. It also lowers stress-producing cortisol levels and raises serotonin; a calming chemical in the brain that puts you in a good mood.

Decreases risk of dementia. The physical demands of garden-
ing and critical thinking skills regarding what to plant and how
to take care of it reduces the chances of Alzheimer's.

**No matter what you plan to plant, set yourself up for success
by following these tips:**

1. When planting outdoors, determine what works best in the sunlight or shaded areas of your garden. Flowers, fruits and vegetables grow differently in various soils.
2. Have a water source nearby to more-easily irrigate plants if they are not getting enough rainfall. A light watering can or hose is perfect.
3. Add 2-3 inches of mulch around each plant to help keep moisture from evaporating and pests at bay.
4. Plant food or fertilizer may or may not be necessary, but if you use it, go organic!
5. Tools to have on hand include a spade, hand trowel, clip-pers, gardening fork and thick gloves.
6. The health benefits of gardening for seniors don't stop once everything is planted. Make sure the garden is "senior-friendly" by setting out comfortable chairs or benches underneath shady areas. Rest and check out the scenery!
7. Tend the garden in mornings and evenings when the tem-
perature is cooler.
8. Wear gardening gloves, solid shoes, a wide-brimmed hat and sunglasses. When you are watering and pulling weeds in the hot sun, be sure to stay hydrated! Drink a lot of water. If you or your parent can't get outside often, you may consider a "mini-garden" in containers on a window-sill. Terrariums are an option too — they are full of greenery and a reminder that life is still a garden of opportunities.