Please find the following frequently asked questions as well as the assistance verification checklist for any needed clarification.

**Are you seeking State Welfare?**
NH Health and Human Services ("State Welfare") is a state level program offering Food Stamps, TANF (Temporary Assistance for Needy Families) Medicaid, APTD (Aid for the Permanent and Totally Disabled), Title XX (childcare), OAA (Old Age Assistance). The Health and Human Services office is located in Rochester at the Community Center.
603.335.9120  www.dhhs.nh.gov

**Are you seeking Fuel Assistance?**
Strafford Community Action Partnership Program offers Fuel Assistance for families and individuals with low income to assist in heating means during the winter months. The Farmington office is located at 527 Main Street, Tuesdays and Thursdays from 8am-4:30pm. The Rochester office is located at 10 Cold Spring, Mondays, Wednesdays and Fridays from 8am-4:30pm. 603.435.2500
www.straffodcap.org

**Are you currently employed?**
All assistance requires employment verification of currently employed applicants. If you are not currently employed Unemployment verification is required as well as current job search records. If you are unable to work for medical reasoning's both temporary and full term notification from a health care provider is also required for assistance. Verification of filing 2018 and 2019 tax returns will be required prior to assistance acceptance.

**If you in need of food assistance**
The Town of Milton has a close working relationship with both the Wakefield Food Pantry as well as the Pantry of Farmington found at the Strafford Community Program location. All local churches have their own means of food distribution.
Wakefield Food Pantry: 603.522.3094
www.wakefieldnhfoodpantry.org Wednesdays 10am-1pm & 5-7pm

**Are you facing homelessness and currently in need of shelter?**
The Town of Milton works closely with all local shelters within the State. For immediate assistance please contact 211.

www.miltonnh-us.com     ***     welfare@miltonnh-us.com

603.652.4501 x9